

## Role description

<b>Role Title:</b>	<b>Consultant Nutritionist</b>
<b>Department:</b>	<b>Sport Science &amp; Medicine</b>
<b>Reports to:</b>	<b>Clinical Director</b>
<b>Responsible for:</b>	<b>Nutrition Placement Student</b>
<b>Location:</b>	<b>Cooper Associates County Ground, Taunton</b>
<b>Contract:</b>	<b>Consulting Agreement</b>
<b>Hours:</b>	<b>16 days (128 hours) of provision per annum, which may include evenings, weekends and bank holidays as required</b>
<b>Main Purpose of Role:</b> To oversee and deliver the nutrition provision across both the men's and women's professional playing squads. Work within the Sport Science & Medicine (SS&M) team to support performance through developing and implementing a nutritional service.	
<b>Main Responsibilities:</b> <ul style="list-style-type: none"> <li>• Oversee and lead the nutritional service delivery support within the professional Mens and Womens squads.</li> <li>• Work with identified players across both professional squads to support performance goals through appropriate nutritional strategies.</li> <li>• Work with identified players during injury, aligning with medical staff as appropriate.</li> <li>• Actively promote the role of nutrition to enhance performance working closely with the Strength &amp; Conditioning coaches and catering leads to ensure the food provision through match day, training and travel is optimised.</li> <li>• Provide strategic support, screening and monitoring, educational programmes, individual consultations and group sessions as required.</li> <li>• Develop, implement and monitor innovative and evidence based practical nutrition strategies tailored to the needs of the sport.</li> <li>• Implement nutrition policies, standards, and protocols that are best practice, including supplementation policy.</li> <li>• Work with wider SS&amp;M team to continue relationships with nutrition partners.</li> <li>• Work within the professional standards of confidentiality, liaise with athletes, coaches and other support staff as appropriate within SENr (or equivalent) code of conduct, standards and guidelines.</li> <li>• Maintain a comprehensive, indexed database of work conducted with athletes and coaches including detailed records of work done with individual athletes (Smartbase).</li> <li>• Work with Strength &amp; Conditioning coaches to ensure governance around provided supplements provided to the players and team.</li> <li>• Engage with players to provide continued professional development in anti-doping.</li> <li>• Demonstrate knowledge and awareness of athlete support personnel roles and responsibilities under the current world anti-doping code.</li> <li>• To ensure the Club's equity, diversity and inclusion policy and standards are always upheld and always abide by the Club's code of conduct</li> <li>• To ensure the Club's safeguarding policies and procedures are adhered to at all times including adherence to the staff code of conduct and consistently advocating the safeguarding of children, young people and adults at risk at all times. Appropriate consideration must be given to safeguarding in all activities and decisions which are undertaken.</li> </ul>	



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- Take on any other responsibilities or tasks that are within your skills and abilities whenever reasonably asked.

This role description is only a summary of the role as it currently exists and is not exhaustive. The responsibilities and accountabilities might differ from those outlined and other duties, as assigned, might be part of the role.

### Knowledge, skills and experience required:

#### Essential

- Degree (or equivalent) in Nutrition, Sport Science, Dietetics or related subject.
- Higher degree (IOC diploma in sports nutrition or PG cert/Dip/Masters in Sports Nutrition or related subject).
- Graduate or Professional on Sports & Exercise Nutrition register.
- ISAK level 1 accreditation.
- Anti-Doping clean sport advisor.
- A minimum of 3 years post graduate experience in practicing registered sports nutritionist or dietician.
- A minimum of 3 years post graduate experience in the provision of nutritional support to athletes in elite sporting environment.
- Experience of analysing the demands of team sport in relation to their nutritional needs in order to develop, implement and evaluate nutrition programmes for individual athletes within that sport.
- Experience of working with chefs and writing catering guidelines.
- Knowledge and understanding of cricket
- Experience of budgetary management with appreciation for cost effective service.
- A record of working as part of an MDT in the delivery of performance nutrition support in elite sport.
- Experience working with supplement partners and managing key stake holders.

#### Personal attributes

- Ability to build relationships
- Works collaboratively and inclusively
- Highly organised and diligent
- Approachable and empathetic
- Ability to influence stakeholders positively
- Ability to work under pressure and strong decision-making capabilities
- Actively responsible and accountable
- High emotional intelligence and self-reflective

### Key contacts in the business:

#### Internal:

Clinical Director  
Strength & Conditioning Staff  
Physiotherapy Staff  
Coaching Staff  
Supplement Providers i.e. Calleva



## Role description

Thomas Franks (Catering Team)

**External:**

England & Wales Cricket Board

**Equal Opportunities and Inclusivity Statement**

Somerset County Cricket Club endorses the principles of equality and equity and strives to ensure everyone involved with the Club has a genuine and equal opportunity to participate to the full extent of their own ambitions and abilities, to give of their best and be assured of an environment in which their rights, dignity and individual worth are respected. Everyone is responsible for creating an inclusive working environment and we expect all colleagues, partners customers and suppliers to abide by our equality, diversity and inclusion policies and procedures.

The Club ensures all existing and potential employees receive equal consideration during the recruitment process and beyond, and is committed to the elimination of unlawful or unfair discrimination of any kind and in particular on the grounds of sex, race, disability, sexual orientation, marriage and civil partnership, gender reassignment, religion or belief, pregnancy and maternity, and age.

**Safeguarding Statement**

Somerset County Cricket Club is committed to safeguarding and promoting the welfare of children, young people and adults at risk, and expects all staff and volunteers to share this commitment. It is everyone's responsibility to keep vulnerable people safe.

As part of our safer recruitment process all relevant roles are subject to an enhanced or standard DBS check as appropriate, and two satisfactory references. We also require every staff member to undergo safeguarding training appropriate to their role.

We encourage an open, welcoming environment where everyone should feel safe to express any concerns. We have a range of policies and procedures in place which promote safeguarding and safer working practice across all that we do.

**Prepared by:**

Name: Jamie Thorpe

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